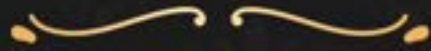




Vietnam Gourmet



Opening hours

11:00-20:00

except Sundays and public holidays

Special feature: No pork



IN FORUM SCHWANTHALERHÖHE, THERESIENHÖHE 5, 80339 MUNICH

TEL.: 089 - 939 22744

www.vietnam-gourmet.com

for Ordering and Pickup

Soups (Small appetizers)

30. Wonton Soup (Hoành Thánh Soup) ^{3,6,a,b,c} 4,70€

Wonton filled with chicken, shrimp, vegetables, coriander, and spring onions

31. Súp Chua Cay (small)

Spicy and sour soup with lime leaves, lemongrass, mushrooms, coriander, and scallions

A. with tofu ^{6,f} 4,70€

B. with chicken ^{3,6} 4,70€

C. with shrimp ^{3,6,b} 5,50€

32. Súp Nước Dừa (small)

Soup with coconut milk, lime leaves, lemongrass, mushrooms, coriander, and scallions

A. with tofu ^{6,f,g} 4,90€

B. with chicken ^{3,6,g} 4,90€

C. with shrimp ^{6,b,g} 5,50€

33. Bún Bò Huế (small) ^{3,6} 6,90€

Spicy beef broth with thin rice noodles, beef, coriander, and lemongrass

34. Hủ Tiếu (small)

Aromatic beef broth with rice flat noodles, spring onions, fresh herbs

A. with shrimp and chicken ^{3,6,b} 6,50€

B. with shrimp and beef ^{3,6,b} 6,50€

40. Phở Hà Nội (small)

Aromatically Braised Beef with Rice Noodles and Seasoned Broth

(A traditional soup from Vietnam. It consists of tender cooked beef, broth, rice noodles, fresh herbs, and finely chopped spring onions. It is enjoyed at any time of the day in Vietnam.

The broth is prepared by slow cooking the meat.)

A. with tofu ^{3,6,f} 6,50€

B. with chicken ^{3,6} 6,50€

C. with beef ^{3,6} 6,80€

41. Súp Miến (small)

Glass noodle soup with vegetables, coriander, spring onions

A. with tofu ^{6,f} 4,70€

B. with chicken ^{3,6} 4,70€

C. with beef ^{3,6} 4,90€

D. with shrimp ^{6,b} 5,50€

42. Súp Mì (small) ^{1,3,6,c,g}

Vietnamese soup with thin noodles, vegetables, coriander, spring onions

A. with tofu ^{1,3,6,c,f} 5,50€

B. with chicken ^{1,3,6,c} 5,50€

C. with beef ^{1,3,6,c} 5,90€

D. with shrimp ^{1,3,6,b,c} 6,50€

E. with Wonton ^{1,3,6,a,b,c} 5,90€



Crispy Starters

36. *Chả Giò Việt Nam* ^{3,b,c}

Crispy spring rolls filled with chicken, glass noodles, vegetables, shrimp, and served with sweet and sour chili sauce

A. 2 pieces

3,90€

B. 4 pieces

6,50€

37. *Chả Giò Tôm Cua (5 pieces)* ^{3,b,c}

Crispy spring rolls filled with shrimp and crab meat

4,90€

38. *Chả Giò Chay*

Vegetarian mini spring rolls

A. 6 pieces

3,50€

B. 10 pieces

4,50€

39. *Hoành Thánh Chiên* ^{3,a,b,c}

Crispy wontons filled with shrimp, chicken, and served with sweet and sour sauce

4,90€

5. *Gỏi Cuốn*

Fresh Rolls with Rice Paper

Vietnamese Summer Rolls with rice noodles, salad, coriander, and seasoned meat, wrapped in rice paper, served with a delicate homemade dip

A. with tofu ^f

5,20€

B. with chicken ³

5,20€

C. with beef ³

5,50€

D. with shrimp ^b

5,90€



Soups (Large bowl)

2. Súp Mì

Thin Vietnamese Noodle Soup with Vegetables, Coriander and Spring Onions

- | | |
|---|---------------|
| A. with crispy duck ^{3,6,c} | 12,90€ |
| B. with Wonton ^{3,6,a,b,c} | 11,70€ |
| C. with shrimp ^{6,b,c} | 11,90€ |
| D. with chicken ^{3,6,c} | 11,20€ |
| E. with beef ^{3,6,c} | 11,90€ |

4. Phở Hà Nội

Aromatic Braised Beef with Rice Noodles and Seasoned Broth (A traditional Vietnamese soup consisting of tenderly cooked beef, broth, rice noodles, fresh herbs, and finely sliced spring onions. It is enjoyed throughout the day in Vietnam.

The broth is prepared by slow-cooking the meat.)

- | | |
|---|---------------|
| A. with tofu ^{3,6,f} | 11,70€ |
| B. with chicken ^{3,6} | 11,70€ |
| C. with beef ^{3,6} | 12,70€ |
| D. with crispy duck ^{3,6} | 13,70€ |

9. Bún Bò Huế ^{3,6}

12,90€

Seasoned beef broth with thin rice noodles, beef, coriander, lemongrass

43. Hủ Tiếu

Aromatic beef broth with rice noodles, spring onions, fresh herbs

- | | |
|--|---------------|
| A. with shrimp and chicken ^{3,6,b} | 13,50€ |
| B. with shrimp and beef ^{3,6,b} | 13,90€ |



45. Súp Miến

Glass Noodle Soup with vegetables, spicy beef broth, spring onions, and fresh coriander

- | | |
|--|---------------|
| A. with tofu ^{3,6,f} | 11,70€ |
| B. with chicken ^{3,6} | 11,70€ |
| C. with beef ^{3,6} | 12,70€ |
| D. with shrimp ^{3,6,b} | 12,90€ |



Noodle bowl

7. Bún Bò Nam Bộ

Large rice noodle bowl with various herbs, peanuts, spring onions, served warm with fish sauce (other sauce available upon request)

- | | |
|---|---------------|
| A. with tofu ^{3,6,d,e,f} | 11,20€ |
| B. with chicken ^{3,6,d,e} | 11,20€ |
| C. with beef ^{3,6,d,e} | 11,90€ |
| D. with shrimp ^{3,6,b,d,e} | 11,90€ |
| E. with crispy Vietnam spring rolls ^{3,6,c,d,e} | 11,20€ |
| F. with crispy duck ^{3,6,d,e} | 12,90€ |



Vegetarian Dishes

Many of our dishes can be prepared vegetarian or vegan, simply let us know your preferences.

10. Rau Xào ⁶ **9,50€**

Fresh market vegetables stir-fried in a wok

- A. in soy sauce** ^{6,f}
- C. in peanut sauce** ^{6,e,g}
- D. in red curry sauce** ^{6,g}
- E. in red curry and peanut sauce** ^{6,e,g}
- F. in masala sauce** ^{6,g}
- V. in mango sauce** ^{6,g}

11. Đậu Phụ Xào ⁶ **10,50€**

Stir-fried tofu with fresh vegetables

- A. in soy sauce** ^{6,f}
- C. in peanut sauce** ^{6,e,g}
- D. in red curry sauce** ^{6,g}
- E. in red curry and peanut sauce** ^{6,e,g}
- F. in masala sauce** ^{6,g}
- V. in mango sauce** ^{6,g}



Chicken Dishes

(served with rice)

12. Gà Xào ⁶

10,50€

Stir-Fried Chicken with Various Fresh Vegetables

A. in soy sauce ^{6,f}

C. in peanut sauce ^{6,e,g}

D. in red curry sauce ^{6,g}

E. in red curry and peanut sauce ^{6,e,g}

F. in masala sauce ^{6,g}

V. in mango sauce ^{6,g}



Cá/Tôm (Fish/Shrimp)

14. Tôm Xào ^{6,b}

11,20€

Stir-Fried Shrimp with Various Fresh Vegetables

A. in soy sauce ^{6,b,f}

C. in in peanut sauce ^{6,b,e,g}

D. in red curry sauce ^{6,b,g}

E. in red curry and peanut sauce ^{6,b,e,g}

F. in masala sauce ^{6,b,g}

V. in mango sauce ^{6,b,g}

15. Đùi Gà ^{3,6}

11,30€

Baked Chicken Drumstick with Various Fresh Vegetables

A. in soy sauce ^{3,6,f}

B. in sweet and sour sauce ^{3,6,g}

C. in in peanut sauce ^{3,6,e,g}

D. in red curry sauce ^{3,6,g}

E. in red curry and peanut sauce ^{3,6,e,g}

F. in masala sauce ^{3,6,g}

V. in mango sauce ^{3,6,g}

21. Cá chiên ^{3,6,d}

11,30€

Baked Fish with Various Fresh Vegetables

A. in soy sauce ^{3,6,d,f}

C. in peanut sauce ^{3,6,d,e,g}

D. in red curry sauce ^{3,6,d,g}

E. in red curry and peanut sauce ^{3,6,d,e,g}

F. in masala sauce ^{3,6,d,g}

V. in mango sauce ^{3,6,d,g}

22. Ức Gà ^{3,6}

11,30€

Crispy Baked Chicken Breast with Various Fresh Vegetables

A. in soy sauce ^{3,6,f}

B. in sweet and sour sauce ^{3,6,g}

C. in peanut sauce ^{3,6,e,g}

D. in red curry sauce ^{3,6,g}

E. in red curry and peanut sauce ^{3,6,e,g}

F. in masala sauce ^{3,6,g}

V. in mango sauce ^{3,6,g}



Cơm Rang / Mì Xào

Stir-fried rice and noodle dishes

16. Cơm Rang ^{6,c}

Stir-Fried Rice with various fresh vegetables

- | | |
|---|---------------|
| A. with assorted fresh vegetables ^{6,c} | 9,50€ |
| B. with Tofu ^{3,6,c,f} | 10,50€ |
| C. with chicken ^{3,6,c} | 10,50€ |
| D. with beef ^{3,6,c} | 11,80€ |
| E. with shrimp ^{3,6,b,c} | 11,90€ |
| F. with crispy chicken ^{3,6,b,c} | 11,90€ |
| I. with crispy backed duck ^{3,6,b,c} | 13,90€ |



17. Mì xào ^{6,c}

Stir-Fried Egg Noodles with various fresh vegetables

- | | |
|---|---------------|
| A. with assorted fresh vegetables ^{6,c,f} | 9,50€ |
| B. with Tofu ^{3,6,c,f} | 10,50€ |
| C. with chicken ^{3,6,c,f} | 10,50€ |
| D. with beef ^{3,6,c,f} | 11,80€ |
| E. with shrimp ^{3,6,b,c,f} | 11,90€ |
| F. baked with crispy duck ^{3,6,b,c,f} | 13,90€ |
| I. with crispy chicken ^{3,6,b,c,f} | 11,90€ |



19. Xào Xả Ớt ⁶

Lemongrass Dish with lemongrass, various fresh vegetables (spicy)

- | | |
|--|---------------|
| A. with tofu ^{6,f} | 10,90€ |
| B. with chicken ^{3,6} | 10,90€ |
| C. with beef ^{3,6} | 11,90€ |
| D. with shrimp ^{3,6,b} | 11,90€ |

20. Bò Xào ^{3,6}

10,90€

Beef dish with assorted fresh vegetables, served with rice

- | | |
|--|--|
| A. in soy sauce ^{3,6,f} | |
| C. in peanut sauce ^{3,6,e,g} | |
| D. in red curry sauce ^{3,6,g} | |
| E. in red curry and peanut sauce ^{3,6,e,g} | |
| F. in masala sauce ^{3,6,g} | |
| V. in mango sauce ^{3,6,g} | |

24. Vịt Chiên Giòn ^{3,f}

12,90€

Crispy duck dish with assorted fresh vegetables

- | | |
|--|--|
| A. in soy sauce ^{3,f} | |
| B. in sweet and sour sauce ^{3,f,g} | |
| C. in peanut sauce ^{3,e,g} | |
| D. in red curry sauce ^{3,g} | |
| E. in red curry and peanut sauce ^{3,e,g} | |
| F. in masala sauce ^{3,g} | |
| V. in mango sauce ^{3,g} | |

27. Việt Gourmet Teller ^{3,6,f}

15,50€

Three different stir-fried meat varieties (beef, chicken, shrimp), assorted vegetables in soy sauce and two small pieces of crispy duck and small crispy baked chicken.

Our new dishes

Mực xào

Crunchy stir-fried squid in a wok with assorted fresh vegetables

- 61. Mực Xào Dầu Hào** ⁿ **12,90€**
Stir-fried squid with assorted market vegetables in oyster sauce
- 62. Mực Sốt Lạc** ^{e,n} **12,90€**
Stir-fried squid with assorted market vegetables in peanut sauce
- 63. Mực Sốt Curry Đỏ** ^{g,n} **12,90€**
Stir-fried squid with assorted market vegetables in red curry sauce
- 64. Mực Sốt Curry Đỏ và Sốt Lạc** ^{e,g,n} **13,50€**
Stir-fried squid with assorted market vegetables in red curry and peanut sauce
- 65. Mực Xào Xả Ớt** ⁿ **13,50€**
Stir-fried squid with assorted market vegetables, onions, and lemongrass



Bò xào

Beef stir-fried in a wok with assorted market vegetables

- 67. Bò Xào Hành** ³ **11,90€**
Stir-fried beef with onion, bell pepper, spring onion
- 68. Bò Xào Lá Quế** ³ **11,90€**
Stir-fried beef with vegetables and basil (spicy)
- 69. Bò Xào Kung Pao** ^{3,f} **11,90€**
Stir-fried beef with vegetables in hoisin sauce (spicy)
- 70. Bò Xào Hạt Điều** ^{3,h,n} **11,90€**
Stir-fried beef with vegetables, onion, cashews in oyster sauce
- 71. Bò Xào gừng** ³ **11,90€**
Stir-fried beef with vegetables and ginger
- 72. Bò Xào Miến** ³ **12,50€**
Stir-fried beef with glass noodles and vegetables



Tôm xào

Shrimp stir-fried in a wok with assorted market vegetables

73. Tôm Sốt Me ^b

Stir-fried shrimp with fresh vegetables in fruity and robust tamarind sauce

12,50€

74. Tôm Xào Xả Ớt ^b

Stir-fried shrimp with assorted fresh vegetables and lemongrass

12,50€

75. Tôm Xào Rau Quế ^b

Stir-fried shrimp with assorted fresh vegetables and basil

12,50€

76. Tôm Và Mực Xào gừng tỏi ^{b,n}

Stir-fried shrimp and squid with assorted fresh vegetables, ginger, and garlic

14,50€



Gà xào

Chicken breast fillet stir-fried in a wok with assorted market vegetables

77. Gà Sốt Me ³

Stir-fried chicken with fresh vegetables in a fruity and robust tamarind sauce

11,50€

78. Gà Xào gừng ³

Stir-fried chicken with ginger and assorted fresh vegetables (spicy)

11,50€

79. Gà Xào Rau Quế ³

Stir-fried chicken with basil and assorted fresh vegetables (mildly spicy)

11,50€

80. Gà Xào Hạt Điều ^{3,h,n}

Stir-fried chicken with cashews and assorted fresh vegetables in oyster sauce (mildly spicy)

11,50€

81. Gà Xào Kung Pao ^{3,f}

Stir-fried chicken with assorted fresh vegetables in hoisin sauce (spicy)

11,50€



Vịt Chiên

Crispy grilled duck with fresh vegetables

82. *Vịt Sốt Me* ³ 13,90€

Crispy duck with fresh vegetables stir-fried in a fruity and robust tamarind sauce. The mildly sour taste of tamarind is particularly popular in Vietnamese traditional cuisine

83. *Vịt Kanton* ^{3,f} 13,90€

Crispy duck with fresh vegetables in Cantonese style (mildly spicy, bold and flavorful, hoisin sauce)

84. *Vịt Pak Choi* ^{3,j} 13,90€

Crispy duck with Pak Choi in a lightly spicy sauce

85. *Vịt Xào gừng* ^{3,j} 13,90€

Crispy duck with fresh vegetables and ginger in a spicy sauce

86. *Đùi Gà Sốt Me* ³ 11,90€

Crispy chicken leg with fresh vegetables in a fruity and robust tamarind sauce



Phở Xào

55. *Stir-fried rice noodles with:*

A. assorted vegetables ^{c,e,f}	10,90€
B. tofu and vegetables ^{c,e,f}	11,70€
C. chicken and vegetables ^{3,c,e,f}	11,70€
D. crispy duck and vegetables ^{3,c,e,f}	14,90€
E. shrimp and vegetables ^{b,c,e,f}	13,90€
F. beef and vegetables ^{3,c,e,f}	12,90€

Mì Việt Nam Xào

56. *Stir-fried thin Vietnamese noodles with:*

A. assorted vegetables ^{c,f}	10,90€
B. tofu and vegetables ^{c,f}	11,70€
C. chicken and vegetables ^{3,c,f}	11,70€
D. beef and vegetables ^{3,c,f}	12,90€
E. shrimp and vegetables ^{3,b,c,f}	13,90€
F. crispy duck and vegetables ^{3,b,c,f}	13,90€



Phở Curry

87. *Stir-fried rice noodles with fresh vegetables and coconut milk in red curry sauce, served with salad, cucumbers, coriander, crispy onions, and flavored with Asian herbs* ^g

- | | |
|--|--------|
| A. Phở Curry Gà (with chicken) ^{3,g} | 13,90€ |
| B. Phở Curry Tofu (with Tofu) ^{f,g} | 13,90€ |
| C. Phở Curry Bò (with beef) ^{3,g} | 14,90€ |
| D. Phở Curry Vịt (with crispy duck) ^{3,g} | 15,90€ |



Sốt mè

88. *Stir-fried vegetable onions in sesame sauce* ^k

- | | |
|--------------------------------|--------|
| A. with chicken ^{3,k} | 11,90€ |
| B. with beef ^{3,k} | 12,90€ |
| C. with shrimp ^{b,k} | 13,90€ |
| D. with tofu ^{f,k} | 11,90€ |

Bún Xào

58. *Stir-fried rice noodles*

- | | |
|---|--------|
| A. with assorted vegetables | 10,90€ |
| B. with tofu and vegetables ^f | 11,70€ |
| C. with chicken and vegetables ^{3,f} | 11,70€ |
| D. with beef and vegetables ^{3,f} | 12,90€ |
| E. with shrimp and vegetables ^{3,b,f} | 13,90€ |
| F. with crispy duck and vegetables ^{3,f} | 13,90€ |



Box Station (Take Away)

B1. Veggie Box c,f

medium 4,90€

large 5,90€

B2. Vegetarian Mini Spring Rolls c,f

medium (4 pieces) 5,90€

large (6 pieces) 6,90€

B4. Chicken Box c,f

medium 5,90€

large 6,90€

B6. Crispy Chicken c,f

medium 6,90€

large 7,90€



B7. Chicken Deluxe c,f

medium 6,90€

large 8,90€

B10. Noodle with Vietnamese Spring Rolls b,c,f

medium 5,90€

large 6,90€

B11. Crispy Duck c,f

large 10,90€



Drinks

Water still or sparkling, Fanta, Mezzo Mix, Apple spritzer,
Cola, Diet Cola, Cola Zero, Sprite, Paulaner Spezi
(0.5l - without deposit)

2,50€

Green Tea

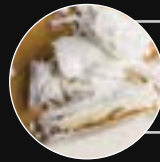
3,50€



Additives



(1) with coloring additives



(8) waxed



(2) with sweetener



(9) with phosphate



(3) contains a source of phenylalanine



(10) containing quinine



(4) with preservatives



(11) containing caffeine



(5) with antioxidants



(12) genetically modified



(6) with flavor enhancers



(13) acidity regulator



(7) sulfured

Substances and products that can cause allergies and intolerances



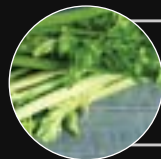
(a) Gluten-containing cereals
(wheat flour)



(h) Nuts and products
thereof



(b) Crustaceans



(i) Celery and products
thereof



(c) Eggs and products
thereof



(j) Mustard and products
thereof



(d) Fish and products
thereof



(k) Sesame seeds and
products thereof



(e) Peanuts and products
thereof



(l) Sulfur dioxide and sulfites,
and products treated
with sulfites



(f) Soy and products thereof



(m) Lupin and products
thereof



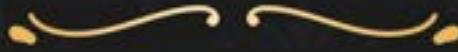
(g) Milk and products thereof



(n) Mollusks (shellfish)
and products thereof



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for Ordering and Pickup

